

A-O-K

Music: Tai Verdes – TV
Choreo: Sandra Keller, sandra@jjtskeller.de
taught at the ECTA Clogging Convention 2022

Level: Advanced
Time: 2:54 (94 BPM)

Sequence: **C* A A C D E A F C D**

Wait 16 beats, start with L

Part C*:

Easy Slurs DS SLR S(xib) SLR S DS
L R R L L R
&1 & 2 & 3 &4

Fancy Double DS DS RS RS
L R LR LR
&1 &2 &3 &4

2 Hey Twist short DS H-TWIST S H-TWIST S RS
L R R L L RL
R L L R R LR
&1 & 2 & 3 &4

repeat all once

Part A:

Wait Rhythm DS Wait DS DT S S
L R L L R
&1 2 &3 e& a 4

Canadian Heel Heel DS DT HOP DT HOP TCH BA DT S H(TCH) H(TCH)
L R L R L R R L L R R
&a1 e& a 2e & a 3 e& a 4 &

Step Tennessee Rock S TnDN RS TnDN
R LRLL RL RLRR
1 e&a2 &3 e&a4

Fancy Double DS DS RS RS
L R LR LR
&1 &2 &3 &4

Additional Step Explanations:

TnDn = Tennessee Down	SK	POP	SLP	S
	L	R	L	L
	R	L	R	R
	e	&	a	1

Part C:

Lift Slurs T(lift) DT S SLR S(xib) SLR S T(lift) DT S
R L L R R L L L R R
& ++ 1 & 2 & 3 & ++ 4

Lift Fancy Double T(lift) DT S T(lift) DT S H BA H BA H BA H BA
R L L L R R L L R R L L R R
& ++ 1 & ++ 2 e & a 3 e & a 4

2 Hey Twist Lift T (lift) DT S H-TWIST S H-TWIST S H BA H BA
R L L R R L L R R L L
L R R L L R R L L R R
& ++ 1 & 2 & 3 e & a 4

repeat all once

Part D:

2 Vine Hey DS T(lift) DT S(xif) DS T(lift) DT S(xib) DS H-TWIST S H-TWIST S RS
L L R R L L R R L R R L L RL
R R L L R R L L R L L R LR
&1 & ++ 2 &3 & ++ 4 &5 & 6 & 7 &8

Part E:

SHANE'S S(if) PVT (1/4 R) S S RS S(if) PVT (1/2 L) S S RS
Cha Cha Mixer L both R L RL R both L R LR
1 & 2 3 &4 5 & 6 7 &8

repeat but turn first 1/2 R and then 1/4 L

Part F:

4 A-O-K S T(lift) SLP TCH(ib) S(xib) S
L L R R R L
R R L L L R
1 & 2 3 & 4